## NEWPORT BEACH C O U N T R Y C L U B <br> 多

# MEMBER'S GRILL FOOD GUIDE 

# BREAKFAST MENU 

## ALLERGY INFORMATION

Each food item in this guide includes allergy information (example below). If the item has an ingredient that is a common food allergy, such as gluten, it will be indicated with a RED FONT. If not, the allergy will be shown in a light gray color. The 13 allergens identified in this guide include: shellfish, seafood, pork, meat, gluten, soy, egg, dairy, peanuts, tree nuts, sesame, garlic, onion, alcohol, and citrus. According to the FDA, 90\% of food allergy reactions are caused by eight foods: gluten, soy, dairy, fish, shellfish, eggs, peanuts, and tree nuts. In this guide, "Meat" consists of both Chicken or Beef products.

The same color-coding method is used for vegan items, which are identified for all the food we sell by " Y " (yes) or " N " (no) in corresponding dark and light text colors. Vegan diets include no animal products whatsoever, including cheese, milk, yogurt, butter, eggs, animal-derived gelatin, etc. The example allergy notification below shows that the hypothetical food item includes dairy and sesame, is not vegan, but of course, vegetarian.


## OVERNIGHT OATS \$12



Snow Rolled Oats mixed with Chia Seeds, Oat Milk, Honey, Tahitian Vanilla Extract \& Salt. Topped with Seasonal Berries, Toasted Coconut Shavings, Almond Slivers and Honey Whisps.

HONEY WHISPS: whipped Manuka Honey

Allergy: Shellfish I Seafood I Pork I Meat \| Gluten I Soy \| Egg I Dairy I Peanuts Tree Nuts [almonds can be eliminated] | Sesame | Garlic | Onion | Alcohol | Citrus
Vegan: $\quad \mathbf{Y} \mid \mathrm{N}$

## STEEL CUT IRISH OATMEAL \$12



Steel Cut Irish Oatmeal cooked with water. Served with candied walnuts, brown sugar and golden raisins all on the side.

Allergy: Shellfish \| Seafood I Pork I Meat \| Gluten \| Soy I Egg | Dairy I Peanuts Tree Nuts [walnuts can be eliminated] I Sesame | Garlic | Onion | Alcohol | Citrus
Vegan: $\quad$ | N

## AVOCADO TOAST \$12



Thick Cut Sourdough topped with Smashed Avocados, Heirloom Cherry Tomatoes, Pickled Vegetables, Cotija, Spiced Pepitas with Frisee garnish.

PICKLED VEGETABLES: Radish tossed in rice wine vinegar. SPICED PEPITAS: toasted and salted pepitas, egg whites, smoked paprika, chili powder, granulated garlic, onion powder.
FRISEE GARNISH: Frisee and red onions tossed in rice wine vinegar.

Allergy: Shellfish \| Seafood \| Pork \| Meat \| Gluten \| Soy \| Egg | Dairy | Peanuts Tree Nuts | Sesame | Garlic \& Onion [pepitas can be eliminated] Alcohol | Citrus Vegan: $\quad \mathbf{Y} \mid \mathrm{N}$ [cotija cheese \& pepitas can be eliminated]

## 6-PACK SCRAMBLE \$14



6 Egg Whites tossed with Spinach and Chicken Sausage on a bed of Tomatillo Salsa. Topped with sliced avocado and Pickled Baby Bell Peppers and Queso Fresco.

TOMATILLO SALSA: tomatillo, fire-roasted jalapeños, salt \& water PICKLED BABY BELL PEPPERS: red and yellow baby bell peppers tossed in rice wine vinegar

Allergy: Shellfish \| Seafood | Pork \| Meat [sausage can be eliminated] | Gluten | Soy | Egg Dairy [cheese can be eliminated] | Peanuts \| Tree Nuts | Sesame | Garlic | Onion | Alcohol | Citrus

## OPEN-FACED BAGEL \& LOX \$16



Choice of Bagel topped with Cream Cheese, Capers, Pickled Red Onion, Heirloom Tomato, Cambridge House Smoked Salmon, Fresh Dill \& Za'atar Seasoning.
Choice of Toasted Bagel: Everything or Plain
ZA'ATAR SEASONING: a Middle Eastern spice blend of oregano, thyme, marjoram, sumac and toasted sesame seeds

Allergy: Shellfish | Seafood | Pork | Meat | Gluten | Soy | Egg | Dairy | Peanuts Tree Nuts | Sesame [Za'atar can be eliminated] | Garlic | Onion | Alcohol | Citrus
Vegan: $Y$ | $N$

NBCC BREAKFAST


2 Eggs, cooked any style. Served with a choice of protein:

- Bacon
- Breakfast sausage
- Chicken apple sausage
- Ham

Choice of side:

- Hash browns
- Fresh seasonal fruit
- Cottage cheese

Choice of toast (see Side Options)

Allergy: Shellfish \| Seafood \| Pork \| Meat \| Gluten \| Soy \| Egg \| Dairy \| Peanuts Tree Nuts | Sesame | Garlic | Onion | Alcohol | Citrus
[all allergy restrictions are dependent on the Member/Guest's choices
Vegan: $Y$ | N

## HAND CRAFTED OMELET \$14



3 Eggs with or without yolks, scrambled with a choice of any:

- Bacon
- Breakfast sausage
- Chicken apple sausage
- Ham
- Onions

Choice of side:

- Hash browns
- Fresh seasonal fruit
- Cottage cheese.

Choice of toast (see Side Options)

Allergy: Shellfish | Seafood | Pork | Meat \| Gluten | Soy | Egg | Dairy | Peanuts Tree Nuts | Sesame | Garlic | Onion | Alcohol | Citrus
[all allergy restrictions are dependent on the Member/Guest's choices
Vegan: $Y$ | N

## DOS QUESO ENCHILADAS \$15



Two corn tortillas filled with Oaxaca and Cotija cheese, Roasted Poblano \& Bell Peppers, Spanish Onions, then covered with Spicy Red Sauce. Topped with Sunny Eggs and Escabeche with a drizzle of sour cream.

SPICY RED SAUCE: Chipotle, Guajillo, Ancho, Ghost, Morita peppers with onion, tomato, garlic, oregano, toasted cumin seed
ESCABECHE: pickled carrots, onions \& peppers tossed in a Champagne vinegar


## MIGUEL'S BREAKFAST BURRITO \$14



Large flour tortilla filled with bacon, sausage, shredded cheddar and jack cheeses, Enchilada Sauce, scrambled eggs, hash browns, onions, tomatoes and bell peppers.
Served with a small side of Pico de Gallo topped with avocado garnish.

ENCHILADA SAUCE: Chipotle, Guajillo, Ancho, Ghost, Morita peppers with onion, tomato, garlic, oregano, toasted cumin seed.
PICO DE GALLO: tomatoes, onions, garlic, jalapeños (without seeds), lemon \& salt.

Allergy: Shellfish | Seafood | Pork | Meat | Gluten | Soy | Egg | Dairy [cheeses can be eliminated] | Peanuts | Tree Nuts | Sesame | Garlic | Onion | Alcohol | Citrus Vegan: y | N

## HUEVOS RANCHEROS \$15



Two layers of refried black beans, crispy corn tortillas topped with 2 eggs Over Easy then covered in Ranchero Sauce, sprinkled with cheddar and jack cheese. Drizzled with sour cream and topped with Pico de Gallo, cilantro and avocado slices.

RANCHERO SAUCE: water, dried red chile peppers, cider vinegar, olive oil, garlic, cumin, salt and pepper, chicken stock
PICO DE GALLO: tomatoes, onions, garlic, jalapeños (without seeds), lemon \& salt.


## EGGS IN PURGATORY \$15



Bilbao Chorizo \& Tomato Ragout topped with Baked Eggs, Manchego Cheese \& Served with 2 slices of Grilled Baguette.

TOMATO RAGOUT: Bilbao Spanish Chorizo, onion, celery, garlic, tomatoes, oregano, smoked paprika, sherry vinegar

Allergy: Shellfish | Seafood | Pork | Meat | Gluten [baguette can be eliminated] | Soy | Egg Dairy [cheese can be eliminated] | Peanuts | Tree Nuts | Sesame | Garlic | Onion | Alcohol | Citrus Vegan: $Y$ | N

## CLASSIC BENEDICT \$15



English muffin topped with slices of ham, Poached Eggs, and Hollandaise finished with paprika. Served with a choice of Hash Browns or Seasonal Fresh Fruit or Cottage Cheese.

HOLLANDAISE: egg yolks, butter, lemon juice, a dash of Tabasco and a dash of Worcestshire sauce, salt.

| Allergy: |  | Shellfish | I | Seafood | 1 | Pork | I | Meat | I | Gluten | 1 | Soy | I | Egg | I | Dairy | I | Peanuts |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Tree Nuts | 1 | Sesam |  | Garlic | I | Onion | 1 | Alcohol |  | Citrus |  |  |  |  |  |  |  |  |
| Vegan: |  | I N |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

## BARBACOA BENEDICT \$16



Cotija \& Scallion Buttermilk Biscuit topped with Barbacoa, Poached Eggs, and Aji Amarillo Hollandaise finished with chives. Served with a choice of Hash Browns or Seasonal Fresh Fruit or Cottage Cheese.

COTIJA \& SCALLION BUTTERMILK BISCUIT: buttermilk,
butter, flour, salt, baking soda, baking powder, sugar, cotija \& scallion
BARBACOA: beef braised in beef stock and enchilada sauce [Chipotle, Guajillo, Ancho, Ghost, Morita peppers with onion, tomato, garlic, oregano, toasted cumin seed] AJI AMARILLO HOLLANDAISE: Peruvian Yellow Chili Pepper mixed with egg yolks, butter, lemon juice, a dash of Tabasco and a dash of Worcestshire sauce, salt


## BUTTERMILK PANCAKES \$12|\$8|\$4



BUTTERMILK BATTER served as a Choice of:

- Full Stack - 3 pancakes
- Short Stack - 2 pancakes
- Side of Pancake - 1 pancake

Mixed in add on options for an additional \$2:

- Blueberries
- Bananas
- Blackberries
- Chocolate chips

BUTTERMILK BATTER: eggs, flour, buttermilk, salt


## LIEGE WAFFLES \$14



Brioche Dough topped with Brandied Peach Compote, Toasted Almonds, Whipped Mascarpone Chantilly and Pearl Sugar.

BRANDIED PEACH COMPOTE: brandy, peaches, brown sugar, maple syrup, cinnamon, butter, salt, almond extract.
WHIPPED MASCARPONE CHANTILLY: Mascarpone cheese, heavy cream, vanilla extract and powdered sugar

Allergy: Shellfish \| Seafood | Pork | Meat \| Gluten | Soy \| Egg | Dairy | Peanuts Tree Nuts [almonds can be eliminated] | Sesame | Garlic | Onion | Alcohol | Citrus
Vegan: $Y$ | N

## LEMON RICOTTA FRENCH TOAST \$14



3 Slices of Brioche bread dipped in an Egg Batter and cooked on a flat top and layered with Lemon Ricotta Mix then topped with powdered sugar and strawberries.

EGG BATTER: eggs, heavy cream, vanilla extract and brown sugar.
LEMON RICOTTA MIX: ricotta cheese, lemon juice and powdered sugar
Allergy: Shellfish | Seafood | Pork I Meat \| Gluten | Soy \| Egg | Dairy | Peanuts

## SIDE DISHES OPTIONS



TOAST options are:

| - | White | - Multi-Grain |
| :--- | :--- | :--- |
| - | Wheat | - Gluten Free |
| - | Sourdough | - Bagel (Everything or Plain) |
| - | Rye | - English Muffin |
| - | Squaw | - One (1) pancake |

All bread options are 2 slices, toasted, buttered and cut in half to plate up 4 pieces. Jam options
Bagel is sliced in half, toasted and served with cream cheese on the side. English Muffin is sliced in half, toasted and buttered.

SEASONAL FRUIT is a cup of fruit consisting of:

- Honeydew
- Raspberries
- Cantaloupe
- Blackberries
- Watermelon
- Blueberries
- Pineapple
- Strawberries


## COTTAGE CHEESE

HASH BROWNS cooked on flat top with butter.
Vegan: $Y$ | N

